

Department of Counseling and Family Sciences

2.5-Year MFT Program Curriculum: Online Program

2025 - 2027 Years 1, 2, and 3

(A) Asynchronous, (S) Synchronous

	Year 1: Generalist	Practice	2				
Fall							
Course	Course Title	Units	(A)/(S)	Day/Time			
MFAM 515	Crisis Intervention and Advocacy	3	А	Asynchronous			
MFAM 535	Case Presentation and Professional Studies	3	S	WED 5:30 PM - 8:20 PM			
MFAM 551	Family Therapy: Foundational Theories and	3	S	TUE 5:30 PM - 8:20 PM			
	Practice						
	Quarter Total	9	L				
	Winter						
Course	Course Title	Units	(A)/(S)	Day/Time			
MFAM 556	Psychopathology & Diagnostic Procedures	3	S	WED 5:30 PM – 7:20 PM			
MFAM 614	Law and Ethics	3	S	TUE 5:30 PM - 8:20 PM			
MFAM 644	Child Abuse and Family Violence	3	А	Asynchronous			
	Quarter Total	9	L				
	Spring						
Course	Course Title	Units	(A)/(S)	Day/Time			
MFAM 528	Culture, Socioeconomic Status in Therapy	3	S	THUR 5:30 PM - 8:20 PM			
MFAM 536	Case Presentation and Documentation	3	S	WED 5:30 PM - 8:20 PM			
RELR 540	Wholeness and Health	3	А	Asynchronous			
	Quarter Total	9					
	Summer						
Course	(2 Five-Week Sect		(A)/(S)	Day/Time			
MFAM 553		Units	(A)/(S) S	Day/Time WED 5:30 PM - 7:20 PM			
	Family Systems Theory			TUE 5:30 PM - 7:20 PM			
MFAM 559	Cognitive Behavioral Couples Therapy	2	S				
ELECTIVE	MFT Theory Course (TBD)	2	S	Synchronous -TBD			
MFAM 568	Groups: Process and Practice	3	S	Synchronous week intensive (8/10 – 8/14 8:30 AM – 3:30 PM)			
				Asynchronous remaining quarter			
MFAM 731*	Clinical Training	1*	A	NA			
	Quarter Total	10					
First Year MFT Total Units							

	Year 2: Clinical Practice	Speciali	ization	
	Fall	-		
Course	Course Title	Units	(A)/(S)	Day/Time
MFAM 638	Substance Use Disorders, Relationships, and	3	A	Asynchronous
	Recovery			
MFAM 537	Case Presentation	3	S	TUE 5:30 PM - 8:20 PM
MFAM 604	Social Context in Clinical Practice: Gender,	3	S	WED 5:30 PM - 8:20 PM
	Class, Race			
MFAM 731*	Clinical Training	1*	A	NA
	Quarter Total	9		
	Winter			
Course	Course Title	Units	(A)/(S)	Day/Time
MFAM 501	Research Tools and Methodology:	3	S	Asynchronous
	Quantitative			
MFAM 524	Psychopharmacology and Medical Issues	3	S	TUE 5:30 PM - 8:20 PM
MFAM 564	Family Therapy: Advanced Foundational	3	S	WED 5:30 PM - 8:20 PM
	Theories and Practice			
MFAM 624	Individual and Systems Assessment	3	А	Asynchronous
MFAM 735	Case Presentation Extended	0	A	NA
MFAM 731*	Clinical Training	1*	A	NA
	Quarter Total	12		
	Spring			
Course	Course Title	Units	(A)/(S)	Day/Time
MFAM 502	Research Tools and Methodology:	3	А	Asynchronous
	Qualitative			
MFAM 584	Advanced Child and Adolescent	3	A	Asynchronous
	Development			
COUN 675	Dynamics of Aging	1	A	Asynchronous
MFAM 635	Case Presentation and Legal Issues	3	S	TUE 5:30 PM - 8:20 PM
MFAM 731*	Clinical Training	1*	A	NA
	Quarter Total	10		
	Summer			
Course	(2 Five-Week Secti Course Title	Units	(A)/(S)	Day/Time
MFAM 567	Treating the Severely and Persistently	3	A	Asynchronous
IVIFAIVI 507	Mentally III and the Recovery Process	5	~	Asynemonous
MFAM 636	Case Presentation and Client Centered	3	S	Synchronous – Tue/Thu
	Advocacy			5:30-8:20
ELECTIVE	MFT Theory Course (TBD)	2	A	Synchronous -TBD
	Couples Therapy: Theory and Practice	3	A	Asynchronous
MFAM 552				•
MFAM 552 ELECTIVE	MFT Theory Course (TBD)	2	S	Svnchronous -TBD
ELECTIVE	MFT Theory Course (TBD) Clinical Training	2	S A	Synchronous -TBD
	MFT Theory Course (TBD) Clinical Training Quarter Total	2 1* 13	S A	Synchronous -TBD NA

Year 3: Clinical Practice Specialization							
Fall							
Course	Course Title	Units	(A)/(S)	Day/Time			
MFAM 547	Social Ecology of Individual and Family	3	A	Asynchronous			
	Development						
MFAM 674	Human Sexual Behavior	3	S	THU 5:30 PM - 8:20 PM			
MFAM 637	Case Presentation and Global Practice	3	S	WED 5:30 PM - 8:20 PM			
MFAM 731*	Clinical Training	1*	А	NA			
Quarter Total		9					
Third Year MFT Total Units		9					
Total MFT Quarter Units		90					

**Indicates non-academic clinical training units. They do not count toward the 90-unit total and are charged at a significantly lower rate.