



**Department of Counseling and Family Sciences**  
Systems, Families, & Couples PhD Program Curriculum  
2024-2025  
*Years 1, 2, 3, and 4*

<b>Year 1</b>			
<b>Fall</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 519	Teaching in Higher Education	3	Online; synchronous Thursday 6:00-8:00pm
CFSD 601	Statistics I	4	Tuesday and Thursday (TBD)
CFSD 786	Professional Development Proposal	0	ARR
<b>Quarter Total</b>		<b>7</b>	
<b>Winter</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 611	Qualitative Research Methods I	3	Online; asynchronous
CFSD 602	Statistics II	4	Tuesday and Thursday (TBD)
CFSD 786A	Professional Development Portfolio	3*	ARR
<b>Quarter Total</b>		<b>8</b>	
<b>Spring</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 565	Neurobiology of Relationships, Stress and Trauma*	3	Thursday 1-4pm
CFSD 603	Statistics III or PSYC 604A & 604B	4	Thursday (TBD)
CFSD 786A	Professional Development Portfolio	3*	ARR
<b>Quarter Total</b>		<b>7</b>	
<b>First Year PhD Total Units</b>		<b>22</b>	

<b>Year 2</b>			
<b>Summer</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 501	Supervision in MFT (Elective)	3	Online; asynchronous
CFSD 546	Multi-Cultural and Global Mental Health	3	Online; asynchronous
CFSD 786A	Professional Development Portfolio	3*	ARR
<b>Quarter Total</b>		<b>3-6</b>	
<b>Fall</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 506	Foundations in Systemic Thinking	3	Online; asynchronous
CFSD 634A	Doctoral Practicum—Larger Social Context (Elective)	3	Online; synchronous Tuesday 6:00-8:00pm
CFSD 622	Program Assessment for Families and Communities (Elective)	3	Online; synchronous Thursday 6:00-8:00pm
SWCL 610	Diversity Theory and Global Perspectives (Elective)	3	Online; Thursday 6-9pm
CFSD 786A/B	Professional Development Portfolio	3*	ARR
<b>Quarter Total</b>		<b>3-9</b>	
<b>Winter</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 606	Current Issues in Family Research*	3	Thursday 1-4pm
CFSD 540	Introduction to Medical Family Therapy (Elective)	3	Online; asynchronous
CFSD 624	Program Development for Families and Communities (Elective)	3	Online; synchronous Thursday 6:00-8:00pm
CFSD 634B	Doctoral Practicum—Self-of-the-therapist (Elective)	3	Online; synchronous Tuesday 6:00-8:00pm
SWCL 650	Neuroscience, Resiliency, and Trauma-Focused Global Practice	3	TBA 6-8pm
CFSD 786A/B	Professional Development Portfolio	3*	ARR
<b>Quarter Total</b>		<b>3-12</b>	
<b>Spring</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 612	Qualitative Research Methods II*	3	Thursday 9-11:50am
CFSD 505	Advanced Family Studies: Theory Development	3	Thursday 1-4:00pm
CFSD 634C	Doctoral Practicum—Spirituality (Elective)	3	Online; synchronous Tuesday 6:00-8:00pm
CFSD 626	Program Evaluation and Monitoring (Elective)	3	Thursday 6:00-8:00pm
CFSD 544	Health and Illness in the Family	3	Online; asynchronous
CFSD 786A/B	Professional Development Portfolio	3*	ARR
<b>Quarter Total</b>		<b>9-12</b>	
<b>Second Year PhD Total Units</b>		<b>18-39</b>	

<b>Year 3</b>			
<b>Summer</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 625	Grant Writing	3	Online; asynchronous
RELR 5XX	Religion Course	3	TBD
CFSD 786A/B	Professional Development	3*	ARR
<b>Quarter Total</b>		<b>6</b>	
<b>Fall</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 548	Family Therapy and Medicine (Elective)	3	Online; Asynchronous
CFSD 525	Advanced MFT Assessment (Elective)	3	Online; Synchronous
SWCL 658	Advanced Policy Analysis and Research	3	TBA
CHLS 506	Therapeutic Play for Children Affected by Illness and Injury (Elective)	3	In Person; Thursday 5:00-7:50
CHLS 508	Grief and Loss (Elective)	3	In Person; Tuesday 4:00-6:50
CFSD 786A/B	Professional Development	3*	ARR
<b>Quarter Total</b>		<b>0-12</b>	
<b>Winter</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 605	Advanced Quantitative Research Methods	3	Online; synchronous Thursday 6-8:00pm
CFSD 555	Organizational Development and Change (Elective)	3	Thursday 6- 8:00pm
RELT 5XX	Religion Course	3	TBD
CFSD 786A/B	Professional Development	4*	ARR
<b>Quarter Total</b>		<b>6-9</b>	
<b>Spring</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 545	Research and Practice with Couples and Families	3	Online; asynchronous
CFSD 504	Advanced Theory in MFT	3	Online; synchronous Thursday 6-8:00pm
CFSD 786A/B	Professional Development	4*	ARR
<b>Quarter Total</b>		<b>7</b>	
<b>Third Year PhD Quarter Units</b>		<b>19-34</b>	

<b>Year 4</b>			
<b>Summer</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
RELE 5XX	Religion Course	3	TBD
CFSD 786A/B	Professional Development	4*	ARR
<b>Quarter Total</b>		<b>3</b>	
<b>Fall</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 698	Dissertation	4	ARR
<b>Quarter Total</b>		<b>4</b>	
<b>Winter</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 634B	Dissertation	4	ARR
<b>Quarter Total</b>		<b>4</b>	
<b>Spring</b>			
<b>Course</b>		<b>Units</b>	<b>Day/Time</b>
CFSD 634B	Dissertation	4	ARR
<b>Quarter Total</b>		<b>4</b>	
<b>Fourth Year PhD Total Units</b>		<b>15</b>	
<b>Total PhD Quarter Units</b>		<b>90</b>	

\*These are non-academic units. They do not count toward the 90-unit total and are charged at a significantly lower rate (1 unit = 25 professional development hours).