

# Intro. to Behavioral Health

## 2 FREE COLLEGE QUARTER UNITS

LOMA LINDA UNIVERSITY is offering a free course designed to help you discover whether a career in the behavioral health professions is right for you

**School of Behavioral Health**  
**June 17 – 20, 2024**

### Program Information

**Who Can Apply:** 2024 high school graduates interested in a career in the behavioral health professions

**Course:** PSYC 204 Introduction to Behavioral Health (transferable as a general elective)

**Format:** In-person

**Location:** Loma Linda University campus

**Class Schedule:** June 17 – 20, 2024, Monday through Thursday; 9:00 AM–12:00 PM; 1:00–3:00PM

**Information and Application:**

<https://behavioralhealth.llu.edu/academics/introduction-behavioral-health>

**Limited enrollment, register now**



LOMA LINDA UNIVERSITY  
School of Behavioral Health

### Program Description

- Learn current behavioral health knowledge, skills, and career pathways in primary care psychology, neuropsychology, child psychotherapy, and medical family therapy
- Interventions for depression, anxiety, substance use, sleep disorders, resiliency, stress management, and self-care
- Instructors are LLU psychologists, marriage & family therapists, and social workers
- Past student reviews:
  - “This class has helped me learn how to look for and recognize mental health issues and how important they are.” **Bella Anderson**, Walla Walla University
  - “Overall, this week-long college class was fun and taught me a lot about all of the behavioral health fields and ways to take care of myself.” **Brice Geisel**, Crafton Hills College
  - “The classes and various lectures have broadened my insights and encouraged personal growth and motivation towards contributing to the betterment of society.” **Kiarra Deluna**, La Sierra University

Scan for more  
info and to apply

