



Loma Linda University
School of Behavioral Health

Department of Counseling and Family Sciences
Systems, Families, & Couples PhD Program Curriculum
2022-2023
Years 1, 2, 3, and 4

Year 1			
Fall			
Course		Units	Day/Time
CFSD 565	Neurobiology of Relationships, Stress and Trauma	3	Thursday 1-4pm
CFSD 519	Teaching in Higher Education	3	Online; synchronous Thursday 5:30-7:30pm
CFSD 601	Statistics I	4	Tuesday and Thursday 8-10pm
CFSD 786	Professional Development Proposal	0	ARR
CFSD 785A	Begin Clinical Training	0	ARR
Quarter Total		10	
Winter			
Course		Units	Day/Time
CFSD 611	Qualitative Research Methods I	4	Online; asynchronous
CFSD 602	Statistics II	4	Tuesday and Thursday 8-10pm
CFSD 606	Current Issues in Family Research	3	Thursday 1-4pm
CFSD 786A	Professional Development Portfolio	3*	ARR
<i>CFSD 785B</i>	<i>Clinical Training</i>	<i>4*</i>	<i>If needed</i>
Quarter Total		11	
Spring			
Course		Units	Day/Time
CFSD 612	Qualitative Research Methods II	3	Thursday 1-4pm
CFSD 603	Statistics III	4	Tuesday and Thursday 8-10pm
CFSD 505	Advanced Family Studies: Theory Development	3	Tuesday 1-4pm
CFSD 786A	Professional Development Portfolio	3*	ARR
<i>CFSD 785B</i>	<i>Clinical Training</i>	<i>4*</i>	<i>If needed</i>
Quarter Total		10	
First Year PhD Total Units		31	

Year 2			
Summer			
Course		Units	Day/Time
CFSD 501	Supervision in MFT (Elective)	3	Online; asynchronous (1 st Summer Session)
CFSD 546	Multi-Cultural and Global Mental Health	3	Online; asynchronous (1 st Summer Session)
CFSD 786A	Professional Development Portfolio	3*	ARR
<i>CFSD 785B</i>	<i>Clinical Training</i>	<i>4*</i>	<i>If needed</i>
Quarter Total		3-6	
Fall			
Course		Units	Day/Time
CFSD 506	Foundations in Systemic Thinking	3	Online; asynchronous
CFSD 548	Family Therapy and Medicine (Elective)	3	Online; asynchronous
CFSD 624	Program Development for Families and Communities (Elective)	3	Thursday 5:30-7:30pm Pacific
CFSD 786A	Professional Development Portfolio	3*	ARR
CFSD 785B	Clinical Training	4*	ARR
Quarter Total		6	
Winter			
Course		Units	Day/Time
CFSD 625	Grant Writing	3	Online; asynchronous
CFSD 540	Introduction to Medical Family Therapy (Elective)	3	Online; asynchronous
CFSD 626	Program Evaluation and Monitoring (Elective)	3	Thursday 5:30-7:30pm
CFSD 785B	Clinical Training	4*	ARR
CFSD 786A	Professional Development Portfolio	3*	ARR
Quarter Total		6	
Spring			
Course		Units	Day/Time
CFSD 605	Advanced Quantitative Research Methods	3	Online; synchronous Tuesday 5:30-7:30pm
CFSD 545	Research and Practice with Couples and Families	3	Online; asynchronous
CFSD 544	Health and Illness in the Family	3	Online; asynchronous
CFSD 786A	Professional Development Portfolio	3*	ARR
CFSD 786B	Clinical Training	4*	ARR
Quarter Total		9	
Second Year PhD Total Units		24-27	

Year 3			
Summer			
Course		Units	Day/Time
RELE 5XX	Religion Course	3	TBD
RELR 5XX	Religion Course	3	TBD
CFSD 785B	Clinical Training	4	ARR
CFSD 786A	Professional Development	3*	ARR
Quarter Total		3	
Fall			
Course		Units	Day/Time
CFSD 634A	Doctoral Practicum—Larger Social Context (Elective)	3	Online; synchronous Tuesday 6:15-8:15pm
CFSD 525	Advanced MFT Assessment (Elective)	3	Asynchronous
CHLS 506	Therapeutic Play for Children Affected by Illness and Injury (Elective)	3	In Person; Thursday 5:00-7:50
CHLS 508	Grief and Loss	3	In Person; Tuesday 4:00-6:50
CFSD 786A	Professional Development	3*	ARR
<i>CFSD 785B</i>	<i>Clinical Training</i>	<i>4*</i>	<i>ARR</i>
Quarter Total		6	
Winter			
Course		Units	Day/Time
CFSD 634B	Doctoral Practicum—Self-of-the-therapist (Elective)	3	Online; synchronous Tuesday 5:30-7:30pm
RELT 5XX	Religion Course	3	TBD
CFSD 786A	Professional Development	4*	ARR
<i>CFSD 785B</i>	<i>Clinical Training</i>	<i>4*</i>	<i>ARR</i>
Quarter Total		3-6	
Spring			
Course		Units	Day/Time
CFSD 634C	Doctoral Practicum—Spirituality (Elective)	3	Online; synchronous Tuesday 5:30-7:30pm
CFSD 555	Organizational Development and Change (Elective)	3	Thursday 5:30- 7:30pm Pacific
CFSD 504	Advanced Theory in MFT	4	Online; synchronous Thursday 5:30-8pm
CFSD 786A	Professional Development	4*	ARR
Quarter Total		7	
Third Year PhD Quarter Units		19-22	

Year 4			
Summer			
Course		Units	Day/Time
CFSD 786A	Professional Development	4*	ARR
Quarter Total		0	
Fall			
Course		Units	Day/Time
CFSD 698	Dissertation	4	ARR
Quarter Total		4	
Winter			
Course		Units	Day/Time
CFSD 634B	Dissertation	4	ARR
	Quarter Total	4	
Spring			
Course		Units	Day/Time
CFSD 634B	Dissertation	4	ARR
Quarter Total		4	
Fourth Year PhD Total Units		12	
Total PhD Quarter Units		92	

*These are non-academic units. They do not count toward the 92-unit total and are charged at a significantly lower rate (1 unit = 25 professional development hours or 50 clinical training hours).